



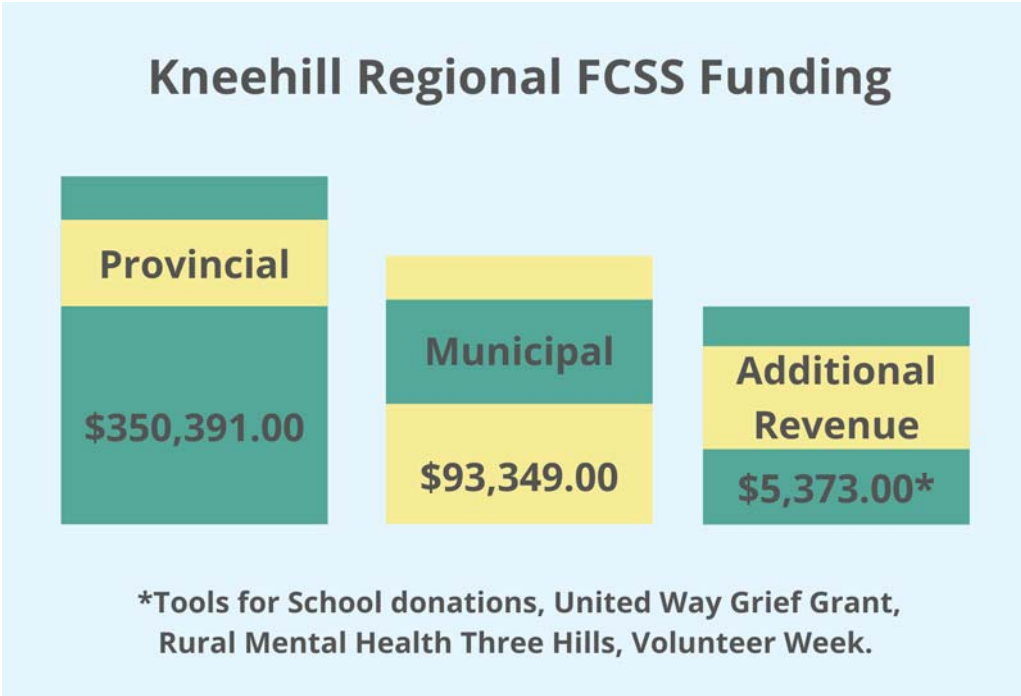
Annual Review

2021

Kneehill Regional Family and Community Support Services (FCSS) is a partnership between the Government of Alberta and the six participating municipalities of Acme, Carbon, Linden, Three Hills, Trochu and Kneehill County.

Kneehill Regional FCSS mission is to maintain and strengthen the quality of life for all residents of participating municipalities by supporting volunteerism and providing preventive social initiatives and programs.

FINANCIAL OVERVIEW



PROGRAM OVERVIEW

72

Volunteers



3424



**Volunteer
Hours**

**Volunteer
Hours Valued
at**

\$68,480.00



4112



**Individuals
Benefitted
from
Programs**

WHAT FCSS DOES!

INFORMATION & REFERRAL

180 Kneehill Community Services Directories distributed

228 Referrals made to outside resources

50 organizations connected with Kneehill Interagency

5 meetings

12 News Briefs

Community Discovery Night

198 residents attended

45 organizations displayed



Three Hills Community Discovery Night

Child & Youth Programs

Tools for School backpacks were prepared by 2 volunteers distributed to 50 children & youth

323 participants in FCSS youth programs and activities (summer programs, art groups, take home craft and science kits)



Take Home Craft and Science Kits

Volunteer engagement

34 organizations
subscribed to the
Volunteer Kneehill website

22 Volunteer Kneehill
Nominations
were received



2021 Volunteer Kneehill
Recipients

Community Volunteer Income Tax Program

11 volunteers completed

237 tax returns
resulting in

\$ 1,223,496.00
in credits, benefits and
refunds for CVITP clients



Tools for School
Volunteer

Family Wellness Program

2 Family Wellness
Workers in

6 schools

89 Ongoing clients

55 single sessions

THE DIFFERENCE FCSS MAKES

SOCIAL WELL-BEING OF INDIVIDUALS

- 95 % of participants enhanced their skills in one or more of the following areas: resilience, self-esteem, optimism, autonomy or meaning/purpose (259 respondents).
- 95 % of participants felt supported by the programs and services they participated in and reported that their social connections were enhanced (192 respondents).
- 89 % of children and youth felt supported and developed interpersonal competencies (91 respondents)

Programs Supporting Individuals



Youth Mindful Art Program



Summer Programs



Fountain of Health - Trochu

Community Volunteer Income Tax Program, Grief Care Packages, Take Home Kits, Just in Case, Adult Art Group, Seniors Coffee Break, Dementia Bags, Seniors Resource Bags, Kneehill Family Wellness Workers, Seniors Outreach

SOCIAL WELL-BEING OF FAMILIES

- 96% of participants reported improved family communication and parenting (23 respondents)

Programs Supporting Families



Baby Banter families



Online Parent Café Participants

Triple P - Fear Less, Birthday in a Box, Tools for School, Kneehill Family and Marriage Counselling

SOCIAL WELL-BEING OF COMMUNITY

- 100 % of residents felt connected to community resources (53 respondents)
- 100 % of agencies conveyed they felt more informed and have stronger relationships with other service providers, meaning they could better serve Kneehill area residents (110 respondents)

Programs Supporting Community



Red Rose Campaign



Dementia Friendly Communities

Kneehill Community Services Directory, Information/Referral, Kneehill Interagency, Community Discovery Night, Rural Mental Health Initiative, Youth Community Assessment, Kneehill Child and Youth Working Group, Volunteer Kneehill, Youth Community Assessment, Kneehill Child and Youth Working Group

Kneehill Regional FCSS Board and Staff

Kneehill Regional FCSS is made up of one (1) councillor from each our participating municipalities.

Board Members

January to December

Kenneth King - Kneehill County (Chairperson)
Sonia Ens - Village of Linden (Vice Chairperson Nov/Dec)
Jason Bates - Village of Acme

January to October

Cheryl Lumley - Town of Trochu (Vice Chairperson)
Harold Leo - Town of Three Hills
Dan Clow - Village of Carbon

November to December

Jaime Martel - Town of Trochu
Dennis Hazelton - Town of Three Hills
Trina Anderson - Village of Carbon

We'd like to pay tribute to Cheryl Lumley, a former board member, volunteer and champion of Kneehill Regional FCSS from 2013 to 2021, who passed away December 12, 2021.

Cheryl made many valuable contributions to the social well-being of Kneehill area residents, whether it was through her insights shared on the Board, or through her countless hours volunteering with our Community Volunteer Income Tax Program.

Staff

Shelley Jackson-Berry - Director
Angie Stewart - Program Coordinator

CONTACT US
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